

SDTS Combatives Grade 3 Promotion Exam

- __ 3 Count Chop Drill Ground
- __ Chin Jab Smashes Ground
- __ Rear Break Fall **SDTS Module 3 Unit 3**
- __ Forward Break Fall **SDTS Module 3 Unit 3**
- __ Side Break Fall **SDTS Module 3 Unit 3**
- __ Forward Roll **SDTS Module 3 Unit 3**
- __ Ground vs Standing **SDTS Module 3 Unit 6**
 - __ Far
 - __ Close (Kicking)
 - __ Extreme Close (Stomping)
- __ Ground Pivot **SDTS Module 3 Unit 8**
- __ Piston Kicks and Get Up **SDTS Module 3 Unit 9 and 10**
- __ Pulling Take Down **SDTS Module 3 Unit 11**
- __ Rolling Take Down **SDTS Module 3 Unit 12**
- __ Hooking Take Down **SDTS Module 3 Unit 12**
- __ Elbow Strikes **SDTS Module 3 Unit 17**
- __ Chest Smear **SDTS Module 3 Unit 18**
- __ SDTS Ground and Pound Top and Bottom **SDTS Module 3 Unit 19**
- __ The Mount (Top Position) **SDTS Module 3 Unit 7**
- __ The Guard Open and Closed (Top Position) **SDTS Module 3 Unit 13 and 14**
- __ Scarf Hold **SDTS Module 3 Unit 22**
- __ Finishing from the Back
- __ Rear Naked Strangle **SDTS Module 3 Unit 26 and 27**
- __ Japanese Strangle **SDTS Module 3 Unit 26 and 27**
- __ Reverse Japanese Strangle (Top Position) **SDTS Module 3 Unit 29**
- __ SDTS Ground Cover **SDTS Module 3 Unit 20**
- __ Mount (Bottom Position) Fight Out **SDTS Module 3 Unit 20**
- __ Guard (Bottom Position) Fight Out **SDTS Module 3 Unit 20**
- __ Scarf Hold (Bottom Position) Fight Out **SDTS Module 3 Unit 23**
- __ Reverse Japanese Strangle (Bottom Position) Fight Out **SDTS Module 3 Unit 29**