

SDTS Combatives Grade 4 Proficiency Exam

- ___ Extreme Close Range Combo - Short Edge of Hand, Hand Yoke, Knee - **SDTS Module 4 Unit 3**
- ___ Extreme Close Range Combo – Shin Kick, Ear Box, Eye Gouge Edge of Hand – **SDTS | Module 4 Unit 5**
- ___ Extreme Close Range Combo – Shin Scrape, Stomp, Elbow Spike - **SDTS Module 4 Unit 7**
- ___ Extreme Close Range = Elbow Spike - **SDTS Module 4 Unit 9**
- ___ Extreme Close Range – Reeling Elbow – **SDTS Module 4 Unit 10**
- ___ Extreme Close Range – Double Forearm Shiver – **SDTS Module 4 Unit 12**
- ___ Extreme Close Range – Forward (front) Head butt – **SDTS Module 4 Unit 13**
- ___ Single Hand Grabs – **SDTS Module 4 Unit 15**
- ___ Double Hand Grabs – **SDTS Module 4 Unit 17**
- ___ Tackle Defense – **SDTS Module 4 Unit 20**
- ___ Front Bear Hug (Body Grab) Arms Trapped - **SDTS Module 4 Unit 21**
- ___ Front Bear Hug (Body Grab) Arms Free - **SDTS Module 4 Unit 21**
- ___ Rear Bear Hug (Body Grab) Arms Trapped – **SDTS Module 4 Unit 23**
- ___ Rear Bear Hug (Body Grab) Arms Free– **SDTS Module 4 Unit 23**
- ___ Rear Bear Hug, Arms Trapped, Lifted Off the Ground – **SDTS Module 4 Unit 26**
- ___ Rear Single Hand Grab – **SDTS Module 4 Unit 27**
- ___ Rear Double Hand Grab – **SDTS Module 4 Unit 28**
- ___ Rear Naked Strangle or Headlock – **SDTS Module 4 Unit 29**
- ___ Hair Grab – **SDTS Module 4 Unit 32**
- ___ Extreme Close Range Combinations Four Directions